

# Self-examination and Your Heart

*Practical Theology Lesson 2*

Biblical \_\_\_\_\_ for Self-examination

- a) Matthew 7:2-3
- b) Romans 12:3
- c) 1 Corinthians 10:12

Biblical \_\_\_\_\_ to Self-examination

- a) 2 Corinthians 13:5
- b) Galatians 6:1-4
- c) Philippians 3:10-14
- d) 1Peter 5:8; Ephesians 6:10-18
- e) 1 John 2:28-29

Biblical \_\_\_\_\_ of Self-examination

\_\_\_\_\_ Introspection

Hebrews 12:1-2

What Should We Examine?

- a) \_\_\_\_\_ & \_\_\_\_\_ – 1 Timothy 4:16
- b) \_\_\_\_\_ – Titus 2:7, 14; 3:8, 14; but don't forget 3:5
- c) Our \_\_\_\_\_

Searching our \_\_\_\_\_

Why do I do the things that I do?

- a) James 4:1-3
- b) James 1:13-16
- c) Prov.4:23
- d) Mt.23:25-28

## What is the heart?

Mk.2:8, 7:21 The \_\_\_\_\_ Center

## How to search the heart?

- a) Romans 8:27
- b) Ps.139:23
- c) Prov.20:5
- d) Heb.4:12

## Heart Idolatry

- a) What is it?
  - i) Thoughts, desires, longings, and expectations that we give \_\_\_\_\_ to \_\_\_\_\_ in place of God
  - ii) The things in our lives that we allow to shift our \_\_\_\_\_ off God
- b) When you worship something other than God...
  - i) You ...
  - ii) Jeremiah 17:9

## David Powlison's X-Ray Questions

- a) <http://gcbc.mn/XRayQuestions>
- b) What do you love? Hate?
- c) What do you want, desire, crave, lust, and wish for?
- d) What do you seek, aim for, pursue? What are your goals and expectations?
- e) What makes you tick?
- f) How do you implicitly say, "If only...." (to get what you want, avoid what you don't want, keep what you have)?