

The Antidote to Anxiety Philippians 4:6-7

6 Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

7 And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus.

Introduction

I. The _____ We Face

 a. _____ About It

 b. _____ About It

II. The _____ that Follows

 a. The _____ of Peace

 b. The _____ of Peace

 c. The _____ of Peace