

Rest for a Noisy Soul – Matthew 11:28-30

I. The Initial Entrance into Rest

a. How to enter rest

b. Who is to come?

c. The nature of rest

II. The Ongoing Experience of Rest

a. How to experience ongoing rest

b. What is ongoing rest?

III. The Ultimate Encouragement to Rest

Rest for a Noisy Soul – Matthew 11:28-30

I. The Initial Entrance into Rest

a. How to enter rest

b. Who is to come?

c. The nature of rest

II. The Ongoing Experience of Rest

a. How to experience ongoing rest

b. What is ongoing rest?

III. The Ultimate Encouragement to Rest